

Meditation Class

a human beings centre of feeling
responds to love like a flower
opens to the morning sun
get in touch with your
universal life force
the source of life
and love within



Starting Sunday, Sep. 20

Dervish Holistic Shop

50 Cornmarket Street, 3rd Floor
Cork City Centre T12 X276

7:30PM

Join Jaananda for a 90 minute truth talk and guided Meditation Class. Learn simple self healing through universal life force energy meditation techniques.

Limited seating. 6 Week Course, €90.

**Register at kriyasamadhiyoga.com or
use QR Code to reserve your place**

